

For about 10 years I was taking up to 40 milligrams per day of hydrocodone for chronic back pain due to psoriatic arthritis when I lost my medical insurance, my doctor, and my prescription for meds. Within weeks I was forced to drastically cut, and then completely stop, hydrocodone. I was given Rick Simpson oil for my ensuing symptoms, which included increased pain, depression, severe trembling, high anxiety, and other signs of withdrawal. I kept the oil frozen and used a butter knife to chip off my dose, placing it on a small piece of bread. By folding the bread over, I was able to ingest the oil without staining my teeth. Although the standard dose of oil is the equivalent of one or two grains of rice, my daily dose was closer to 10 to 12 grains. I have been completely off hydrocodone for a year now, but still take Rick Simpson oil. Although I still suffer from back pain, I did not experience many of the worst effects from withdrawal such as sickness, vomiting, and inability to work. My shakiness has subsided considerably, depression has improved, and I am fully functional with two jobs. I believe that Rick Simpson oil should be studied further for its potential ability to alleviate withdrawal symptoms from opioid addiction.